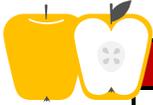


LaGrange Lunch October 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/2/2023 World Vegetarian Day! WG Tortilla Chips 2oz Refried Beans & Cheese 1oz Cilantro Corn and Jalapeno Blend 3/4c Apple Cinnamon Applesauce 1/2c	10/3/2023 <u>Turkey Sloppy Joe w</u> <u>WG Hamburger Bun 4oz</u> Cauliflower 3/4c Pear 1/2c	10/4/2023 <u>WG Turkey Sausage</u> <u>Pizza 4oz</u> Baby Carrots 3/4 Orange 1/2c	10/5/2023 <u>WG Pasta & Beef</u> <u>Balls 4oz</u> Broccoli 3/4c Apple Cherry Juice 1/2c	10/6/2023  No Lunch
10/9/2023  No Lunch	10/10/2023 <u>Chicken & Waffles 4oz</u> Celery Sticks 3/4c Pear 1/2c	10/11/2023 <u>WG Hot Dog Bun w/</u> <u>Turkey Kielbasa 4oz</u> Potato Salad 3/4c Orange 1/2c	10/12/2023 <u>Buffalo Chicken</u> <u>Drumstick 2oz</u> Mixed Greens 1/2c Apple 1/2c	10/13/2023 <u>Chili Cheese Fries 2oz</u> Cornbread Muffin 2oz Diced Tomatoes 3/4c Banana 1/2c
10/16/2023 <u>Hamburger w/ WG Bun 4oz</u> Red Bell Pepper Strips 3/4c Apple Cinnamon Apple Sauce 1/2c	10/17/2023 <u>WG Turkey Sausage</u> <u>Pizza 4oz</u> Broccoli Florets 3/4c Pear 1/2c	10/18/2023 <u>Turkey Barboca 2oz</u> WG Tortilla Chips 2oz Corn & Jalapeno Blend 3/4c Orange 1/2c	10/19/2023 <u>WG Popcorn Chicken w/</u> <u>Brown Rice 2oz</u> Edamamae 3/4c Apple Cherry Juice 1/2c	10/20/2023 <u>Chicken Sandwich Patty</u> <u>& WG Hamburger Bun 4oz</u> Cucumber Slices 3/4c Banana 1/2c
10/23/2023  No Lunch	10/24/2023 <u>Breakfast Sandwich For Lunch</u> WG Plain Bagel 2oz Egg Patty 1oz Turkey Sausage Patty 2oz Seasoned Diced Potatoes 3/4c Pear 1/2c	10/25/2023 <u>Chicken Drumstick 2oz</u> WG Dinner Rolls 2oz Mixed Greens 1/2c Orange 1/2c	10/26/2023 <u>Beef & Bean Tamal 4oz</u> Diced Tomatoes 3/4c Apple Cherry Juice 1/2c	10/27/2023 <u>Beef Meatball Sub w/ WG</u> <u>Hoagie Bun 4oz</u> Green Beans 3/4c Banana 1/2c
10/30/2023 <u>WG Turkey Sausage</u> <u>Pizza 4oz</u> Celery Sticks 3/4c Apple Cinnamon Applesauce 1/2c	10/31/2023 <u>Spicy Honey Popcorn</u> <u>Chicken 3oz</u> Black Beans 3/4c Pear 1/2c	NOTICE: The data contained within this report and the Mosaic Back of the Housefi Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions. * All Grain/Bread items served are Whole Grain Rich. In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), age, disability, and reprisal or retaliation for prior civil rights activity.		

